

Church of God, The Eternal

P. O. Box 775
Eugene, Oregon 97440

Switzerland
Case Postale 2 701
CH 1002 Lausanne

Announcement Letter
July 1989

Canada
P. O. Box 76946, Station "S"
Vancouver, B.C. V5R 5T3

Dear Brethren:

Ill health has two causative factors. As you will note from the July *Monthly Letter*, many physical curses stem from acts of rebellion and disobedience. At the same time, there are natural physical laws which, when violated, produce illness and suffering. No one would question those physical laws regarding hemlock or poison sumac. The price of ingestion is death. What is generally overlooked is that hemlock and poison sumac are extremes. What about a host of other substances, either humanly contrived or growing naturally—as the flesh of swine or certain sea foods—which do not instantly poison? Rather, these substances insidiously work their effects in the human body over a long period of time. In exactly the same way, many, if not all, of those commodities created by men—possibly with good intentions—work ill and suffering to those who ingest them.

As our Creator, God knew what was best for the created being. He, at the time of our creation, created food which would not only sustain the body, but would provide the source of vitality, a zest for life, and every good physical thing man ever wanted. Man created cars and machines. The fuel for this equipment is designed according to the need of that equipment. Diesel for those so designed. Gasoline for those designed to use it. Electricity for those manufactured to use that form of energy. As our Creator, God knew what was and is best for us. Any pollution of that required food, changing or altering it, is contrary to the Manufacturer's specifications. Eat it as God created it. Attempt to secure all foodstuffs in as natural a state as you can find them. To do any less is a form of disobedience to the Maker. Taste buds need to be converted, too. Are not all of man's aspirations, purposes, and directions that which seems good, palatable, and acceptable to him? Can anyone trust his natural mind, heart, or taste buds?

Those who really understand nutrition will tell you there are three basic, underlying causes to most of man's physical illnesses. (1) The abuse of all the essential fats. Man hydrolyzes, hydrogenates, or changes in some other way. These substances, as altered by man, are devastating in the human body. (2) The refinement and purification of nearly everything he eats. White sugar and refined white flour alone have caused billions of dollars of human suffering. Others are only living marginally because of the ingestion of these "refined" products. Why not take them as God created them? (3) The general practice of over-cooking and seasoning of foods. Extreme processing usually renders the product valueless. Vitamins and minerals are lost or greatly reduced.

Living in our time of excessive pollution and alteration of food items, it makes great sense to secure the very best available—and that is none too good. Soils are depleted. The atmosphere and water sources are polluted. What must the product generated without any concern or care for value and health be like? As Christians, if we want to live healthy, vibrant, and successful lives, we need to take charge of our own nutrition. God expects it. He created us with mental capacity to read and think. Factual, unbiased information about health and nutrition abounds. We cannot claim ignorance.

Do not become a health-food faddist. Just eat things as God created them for you. That alone will make you sufficiently peculiar. The need is urgent. Disease, lethargy, and apathy are epidemic. May we commend you to your good health—a meal of God-created food items.

Current Events

Briefly and to the point. Watch the gradual and insidious preparation of the peoples of the world, with emphasis upon the United States, for the final merger of all people into one combine—religiously, economically, politically, socially, and educationally. Events are happening regularly.

I will not refer to any specifics. Just keep in mind the grand design of latter-day Babylon which is to unfold before our very eyes. Unless these events of the last days are to happen miraculously and abruptly, you can and will see the gradual formation of all these prophetic events. Learn to ask yourselves questions. Do not become mesmerized by any personal concept. As the events unfold, the true picture will emerge—something akin to the development of a photograph. Give everything time. If you are carefully watching, the true picture will definitely take shape in time.

Hopefully, next issue of the *Announcement Letter* I will have sufficient time to analyze an isolated factor in this grand design. I have a number of them marked out. It is, however, necessary to remember that specifics will not be given. Our purpose will be to call to your attention certain areas of action in a generalized way. Our intent is to keep your attention on those actions of the last days.

Prayer Requests

[Omitted for confidentiality]

Blessings of Brethren

[Omitted for confidentiality]

Deaths

We were saddened by the death of Margaret Cowan on June 20. She had hip replacement surgery in early May. While she seemed to improve for a time, her kidneys and liver quit functioning, leading to her eventual death. Please remember her family in your prayers.

Trips

July 15	Raymond Cole, Sacramento, California.
July 29	George Leeman, New York/New Jersey area.
August 26	Raymond Cole, West Palm Beach, Florida.
September 2	Raymond Cole, Knoxville, Tennessee. This trip has been re-scheduled.

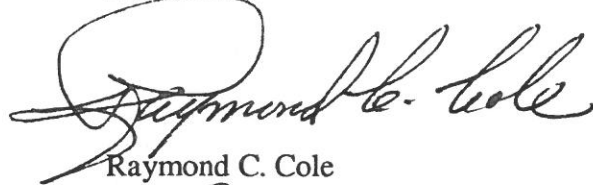
Tape Schedule

Tape series:	Mailed on:	For:	Title/tape #:
WSE-RC 39	6/22	7/08	Confrontations and responses of Christ #11
WSE-BC 122	6/22	7/15	Great men of the O.T. #16
WSE-RC 39	7/12	7/22	Confrontations and responses of Christ #12
WSE-BC 122	7/12	7/29	Great men of the O.T. #17
WSE-RC 39	7/26	8/5	Confrontations and responses of Christ #13
WSE-RS 1	7/26	8/12	Pride
WSE-RC 39	8/9	8/19	Confrontations and responses of Christ #14

Office

All correspondence to the church office should be mailed to Church of God, The Eternal; P.O. Box 775; Eugene, OR 97440, and not to the address on West Amazon.

Much love,



Raymond C. Cole



Bryce G. Clark